



Sandbach and District U3A Newsletter



March 2017

Quiz Night

Keith Pointon will preside over the next quiz on:

Wednesday 5th April 2017
St Mary's Church Hall, Sandbach
7 p.m. for 7.30 p.m. start.

Teams should consist of up to 6 members from the U3A group they attend and also give themselves an identifying name plus the group leader's name.

Participating teams (maximum 24) should put their names on the entry form which will be put on the U3A notice board in Sandbach Library on Monday 6th March.
Closing date for entries will be Friday 24th March.

There will be an entry fee of one pound per person. Once the cost of hiring the hall are covered, the money left over will be used as prize money. Members may bring along refreshments to share with their team i.e. drinks (plus glasses) and nibbles for consumption during the evening. Team members can confer together to answer the questions and an adjacent team will mark them.

If you need any further information, please contact Bill Dowell on 01270 766763 or e-mail: vjdwfd@aol.com

Course For Beginners Interested In Taking Up Golf

Ed Parker, the senior PGA golf coach at Malkin's Bank Golf Club is running a 4 week course for Sandbach U3A members who are complete beginners at golf.

Starting Tuesday 7th March at 2pm-2:45pm and running at the same time for 4 consecutive weeks.

Equipment provided (if needed) and no previous experience is required.

Price is £30 for the 4-week course or £8 per session.

Contact Ed Parker on 07747 061500 or email eddie_parker@hotmail.com

To contact Sandbach U3A

Phone: 0844 58 60670 (Calls cost 5p/min. Leave a short message and we will ring you back)

Email: SandbachU3A@hotmail.co.uk

Newsletter items should be sent to newsfeed@sandbachu3a.org.uk or by text message to 07929 599026 by the end of the third week of each month.

Group News

Seventeenth Century Studies Group

The Seventeenth Century History Studies Group has been running for four years and is a leaderless group that focuses on the world from loosely 1600 to 1700. The period is pivotal in determining the history of the modern world. We meet on the first Wednesday of each month.

On Wednesday 1st March, we are privileged to have a guest speaker, Dr Jennifer Palmer, who will present an overview of the period. Originally a history teacher, Jennifer has enjoyed a long career as an academic in Europe, the Far East and America. She continues to travel and lecture on a wide range of topics. Jennifer has a particular interest in and has extensively researched the modern crime novel.

Geology

A new weekly group starts in September 2017. It will initially cover recognition and importance of minerals, rocks and fossils. After that, the world awaits. The group will also undertake field trips from time to time.

If you are interested, please contact: groups.co-ordinator@sandbachu3a.org.uk

Bridge

We have a second bridge group now, who meet every Monday night 7pm to 9pm. Like the existing Bridge group, they accept only members who are able to play Bridge. Contact bridge2@sandbachu3a.org.uk for further details.

Astrology

Another new member hopes to start this interesting group and requires a like-minded member to help start it.

If you are interested, please contact: groups.co-ordinator@sandbachu3a.org.uk

Cake Decorating

One of our new members wishes to help you learn the basics of cake decoration.

If you are interested, please contact: groups.co-ordinator@sandbachu3a.org.uk

Chair Yoga

The chair yoga group now meets weekly on Thursday morning (10:30am to 11:30am) at the Oasis centre.

Contact: yoga.chair@sandbachu3a.org.uk

Dressmaking Group

We are hoping to restart this group.

If you are interested, please contact: groups.co-ordinator@sandbachu3a.org.uk

Sandbach U3A Singers

There are still vacancies for an accompanist and choir master/mistress to run this group.

If you are interested, please contact: groups.co-ordinator@sandbachu3a.org.uk

Walking Football

Are you interested in getting a little more exercise?

Short games and more about passing the ball than tackles and stamina. Open to men and women.

We are still taking names (not red cards) for a walking football group.

If you are interested, please contact: walking.football@sandbachu3a.org.uk

Enjoying Photography

The current group will be ending this May but the members would like to carry on in a different format. The current group will restart as two separate groups as follows:

Beginner's photography

For compact and fixed lens bridge camera users. Learn the basics of photography and how to use your camera. Hoping to start in September.

Photography for enjoyment

This is for photographers who know the basics and wish to expand their horizons. Field trips/excursions are part of the plan. This is very much a joint venture with all members of the group taking active participation in the running of the group.

To register interest for both of the new photographic groups, contact:

groups.co-ordinator@sandbachu3a.org.uk

Geoff Pyke – Groups' co-ordinator

Events & Outings

Those of you planned to cruise the Manchester Ship Canal with us last year will be pleased to hear that a) the Ship Canal is clear of obstructions and b) we plan to cruise it on Sunday 9 July 2017. The cost this time will be £44.

Some of our outings are so popular that the coach leaves full with many disappointed members on the waiting list. When we can do so, we will repeat a popular event and this will happen this year for the trip to Liverpool and Port Sunlight (21 September) and the steam train to Bury Market (October). [See the website](#) for details.

Places are still available for the day trip to York (16 May), the theatre trip to see Funny Girl in Llandudno (20 July) and the shopping trip to Boundary Mill (27 February).

Tickets will be available from the U3A desk in Sandbach library between 9:30am and 11:30am on the 2nd and 4th Wednesday of the month. If you want a ticket for the Boundary Mill trip, you should call Alice on 01270 765856.

Members' Mornings

Sandbach U3A committee were delighted to have such a high turnout in February at the Members' Morning in the Town Hall, when committee members, Jinty and Geoff Pyke, presented an informative talk on their working life in both John Lewis Partnership and Waitrose. With an engaging visual presentation, many insights and their understated humour, both had worked extremely hard to combine their personal experiences, a trip down memory lane, with the history and background to the partnership. It proved to be a popular topic, with a much higher than expected turnout. Their talk mentioned the Longstock Water Gardens, which now feature in a [page on our website](#)

The large audience presented a challenge to the refreshment ladies, but they kept smiling as more and more members poured in.

Our speaker for March is Eric Newton. He is familiar to shoppers in Hanley for his jolly music echoing through the main precinct and his own life story is particularly inspiring. We look forward to hearing his personal 'journey' with much music to lift the spirits. We are hoping for another great turnout on Monday, March 6th, arriving around 10 am until about 11.45.

Valerie Williams Members' Morning Co-ordinator

Third Age Trust

The Third Age Trust is the national representative body for U3As in the UK. It underpins the work of local U3As by providing educational and administrative support to their management committees and to individual members and assists in the development of new U3As across the UK.

A [page on our website](#) displays the latest news from the Trust. This covers:

- The date of the Third Age Trust AGM
- Celebration of 1,000 U3As
- Special offer of the 3-month National Art Pass