| **Category** | **Group** | **email** |
| --- | --- | --- |
| **Books and Plays** | A Good Read | a.good.read@sandbachu3a.org.uk |
|  | Book Group – Tuesdays | book.group.fiction@sandbachu3a.org.uk |
|  | Book Group – Thursdays | book.group.fiction@sandbachu3a.org.uk |
|  | Book Group – Non-Fiction | book.group.nonfiction@sandbachu3a.org.uk |
|  | Creative Writing | creative.writing@sandbachu3a.org.uk |
|  | Play Reading | play.reading@sandbachu3a.org.uk |
|  | Poetry | poetry@sandbachu3a.org.uk |
|  | Reading Aloud | reading.aloud@sandbachu3a.org.uk |
|  | Science Fiction Literature | book.group.sf@sandbachu3a.org.uk |
| **Bowls** | 9 Groups | bowls@sandbachu3a.org.uk |
| **Computing** | Computing - personal laptop | laptop.computing@sandbachu3a.org.uk |
|  | Android Tablet Basics (6 weeks) | android.tablet@sandbachu3a.org.uk |
|  | iPad Basics (6 weeks) | ipad@sandbachu3a.org.uk |
|  | Ram & Chips | ram.and.chips@sandbachu3a.org.uk |
| **Crafts** | Dressmaking | dressmaking@sandbachu3a.org.uk |
|  | Needlecraft (2 groups) | needlecraft@sandbachu3a.org.uk |
|  | Papercraft (2 groups) | papercraft@sandbachu3a.org.uk |
|  | Patchwork/Quilting | patchwork@sandbachu3a.org.uk |
|  | Patchwork/Quilting Beginners | patchwork.beginners@sandbachu3a.org.uk |
| **Exercise (indoors)** | Circle Dancing | circle.dancing@sandbachu3a.org.uk |
|  | Country Dancing | country.dancing@sandbachu3a.org.uk |
| **Exercise (indoors)** | Keep Fit | keep.fit@sandbachu3a.org.uk |
|  | Pilates | pilates@sandbachu3a.org.uk |
|  | Table Tennis (3 groups) | table.tennis.1@sandbachu3a.org.uk table.tennis.2@sandbachu3a.org.uktable.tennis.3@sandbachu3a.org.uktable.tennis.1@sandbachu3a.org.uk |
|  | Tap Dancing | tap.dancing@sandbachu3a.org.uk |
|  | Yoga (2 groups) | yoga.1@sandbachu3a.org.uk  yoga.2@sandbachu3a.org.uk |
|  | Yoga (chair) | yoga.chair@sandbachu3a.org.uk |
|  | Zumba | zumba@sandbachu3a.org.uk |
| **Food & Drink** | Luncheon Club (3 groups) | luncheon.club.1@sandbachu3a.org.uk  luncheon.club.2@sandbachu3a.org.uk  luncheon.club.3@sandbachu3a.org.uk |
|  | Wine Tasting | wine.tasting@sandbachu3a.org.uk |
| **History** | 17th Century Studies | 17thcenturystudies@sandbachu3a.org.uk |
|  | Family History | family.history@sandbachu3a.org.uk |
|  | History at Random | history.at.random@sandbachu3a.org.uk |
|  | Interactive History Forum | interactive.history@sandbachu3a.org.uk |
| **Music** | Brass Band | brass.band@sandbachu3a.org.uk |
|  | Guitar Tuition | guitar.tuition@sandbachu3a.org.uk |
|  | Guitar Tuition for Beginners | guitar.tuition@sandbachu3a.org.uk |
|  | Music Appreciation | music@sandbachu3a.org.uk |
|  | Sandbach U3A Singers | singers@sandbachu3a.org.uk |
|  | Ukulele | ukulele@sandbachu3a.org.uk |
| **Painting** | Painting – Acrylic | painting.acrylic@sandbachu3a.org.uk |
|  | Peaceful Painting | peaceful.painting@sandbachu3a.org.uk |
|  | Painting – Watercolours | painting.watercolour@sandbachu3a.org.uk |
| **Indoor (other)** | Antiques & Collectables | antiques@sandbachu3a.org.uk |
|  | Astronomy | astronomy@sandbachu3a.org.uk |
|  | Bridge | bridge@sandbachu3a.org.uk |
|  | Enjoying Photography | photography@sandbachu3a.org.uk |
|  | French | french@sandbachu3a.org.uk |
|  | Geology | geology@sandbachu3a.org.uk |
|  | Latin | latin@sandbachu3a.org.uk |
|  | Philosophy | philosophy@sandbachu3a.org.uk |
|  | Scrabble | scrabble@sandbachu3a.org.uk |
| **Walking** | Long Walks | walks.long@sandbachu3a.org.uk |
|  | Intermediate Walks | walks.intermediate@sandbachu3a.org.uk |
|  | Short Walk Only | short.walk.only@sandbachu3a.org.uk |
|  | Short Walk & Dine (6 groups) | walks.short@sandbachu3a.org.uk |
|  | Walking with Dogs | walk.with.dogs@sandbachu3a.org.uk |
| **Outdoor (other)** | Bird Watching | birdwatching@sandbachu3a.org.uk |
|  | Cycling (2 groups) | cycling1@sandbachu3a.org.uk  cycling2@sandbachu3a.org.uk |
|  | Environmental Action | environmental.action@sandbachu3a.org.uk |
|  | Gardening | gardening@sandbachu3a.org.uk |
|  | Golf | golf@sandbachu3a.org.uk |
|  | Petanque (Boules) | petanque@sandbachu3a.org.uk |
|  | Wild Flower Identification | wild.flowers@sandbachu3a.org.uk |