

## Sandbach U3A Programme: 2019-20 - (Aug 19 - subject to change, please check website for updates)

Group	Day/Frequency	Time	Location
A Good Read (Monthly)	2nd Friday	10:00am - 12:00n	Leader's Home
A Good Read 2 (Monthly)	2nd Monday	2:00pm - 4:00pm	Leader's Home
Antiques & Collectables (Monthly)	3rd Friday	10:00am - 12:00n	Sandbach Library
Art Appreciation	2nd Friday	2:00pm - 3.30pm	Sandbach Library
Astronomy	Weekly (Mondays)	2:00pm - 3:30pm	Oasis Centre Green St
Bird Watching (Monthly) 1	4th Wednesday	8:30am	41, Tatton Drive
Bird Watching (Monthly) 2	2nd Wednesday	8:30am	Lower Waitrose C/P
Book Club - Fiction 1 (Monthly)	1st Thursday	2:00pm - 3:30pm	CVS, Hope St
Book Club - Fiction 2 (Monthly)	3rd Tuesday	2:00pm - 3:30pm	Town Hall - Chart. Rm
Book Club - Non Fiction (Monthly)	3rd Monday	2:00pm - 3:30pm	Masonic Hall
Bowls - Group 1 - Summer	Weekly (Weds)	10:00am - 12:00n	Sandbach Park - Marriot Green
Bowls - Group 1 - Winter	Weekly (Weds)	10:00am - 12:00n	Town Hall
Bowls - Group 2 - Summer	Weekly (Tuesdays)	10:00am - 12:00n	Sandbach Park - Lower Green
Bowls - Group 2 - Winter	Weekly (Tuesdays)	10:00am - 12:00n	Town Hall
Bowls - Group 3 - Summer	Weekly (Fridays)	10:00am - 12:00n	Sandbach Park - Lower Green
Bowls - Group 3 - Winter	Weekly (Fridays)	10:00am - 12:00n	Town Hall
Bowls - Group 4 - Summer	Weekly (Thursdays)	10:00am - 12:00n	Sandbach Park - Marriot Green
Bowls - Group 4 - Winter	Weekly (Mondays)	10:00am - 12:00n	Town Hall
Bowls - Group 5 - Summer	Weekly (Thursdays)	2:00pm - 4:00pm	Sandbach Park - Marriot Green
Bowls - Group 5 - Winter	Weekly (Thursdays)	2:00pm - 4:00pm	Town Hall
Bowls - Group 6 - Summer	Weekly (Mondays)	2:00pm - 4:00pm	Sandbach Park - Marriot Green
Bowls - Group 6 - Winter	Weekly (Mondays)	2:00pm - 4:00pm	Town Hall
Bowls - Group 7 - Summer	Weekly (Tuesdays)	2:00pm - 4:00pm	Sandbach Park - Lower Green
Bowls - Group 7 - Winter	Weekly (Fridays)	2:00pm - 4:00pm	Town Hall
Bowls - Group 8 - Summer	Weekly (Mondays)	2:00pm - 4:00pm	The Limes, Sweettooth Lane
Bowls - Group 8 - Winter	Weekly (Weds)	10:00am - 12:00n	Wesley Centre
Bowls - Group 9 - Summer	Weekly (Weds)	2:00pm - 4:00pm	The Limes, Sweettooth Lane
Bowls - Group 9 - Winter	Weekly (Weds)	2:00pm - 4:00pm	Wesley Centre
Brass Band	Weekly (Weds)	2:00pm - 4:00pm	Elworth Scout Hut
Brewing Appreciation Study Group	3rd Friday	7:15pm - 9:45pm	Members' Homes
Bridge 1	Weekly (Fri) All Yr	10:00am - 12:00n	Union St Com Ctre
Bridge 2	Weekly (Mon) All Yr	7:00pm - 09:00pm	Union St Com Ctre
Choir	Weekly (Thursdays)	1:45pm - 3:45pm	Wesley Centre
Circus Skills	Weekly (Mondays)	11:00am -12:30pm	St Peter's Church Hall
Classical Music Visits	As advised by leader		
Country Dancing	Weekly (Thursdays)	1:30pm - 3:30pm	Scout Hut, Chapel St
Creative Writing (Monthly)	2nd Monday	10:00am - 12:00n	Leader's Home
Cycling- Rusty Riders- Cake & Gossip (Mthly)	3rd Friday	10:00am	Outside Town Hall
Death Cafe	3rd Monday	10:00am - 12:00n	Leader's Home
Enjoying your computer	Weekly (Thursdays)	10:30am - 12:00n	CVS, Hope St
Family History (6 week course)	Weekly (Weds)	10:00am - 11:30am	Masonic Hall
First Aid	As advised by leader		
Fitness Exercise with Football Drills & Skills	Wednesday	10:00am - 11:00am	SC Football Centre
French Conversation	Weekly (Weds)	10:00am - 12:00n	Masonic Hall
Gardening (Monthly)	Last Friday	2:00pm - 3:30pm	Sandbach Library
Geology in Action	Fortnightly Tuesdays	2:00pm - 4:00pm	Sandbach Library
Golf (Social Golf Group)	1st & 3rd Weds	2:00pm Apr-Oct	Malkins Bank Golf Club
Guitar Tuition (Own Guitar)	1st & 3rd Friday	1:30pm - 3:30pm	Oasis Ctre Green St
History - 17th Century Studies (Monthly)	1st Wednesday	10:00am - 12:00n	Town Hall - Boardroom
History - Interactive Forum	1st & 3rd Monday	2:00pm - 4:00pm	Sandbach Library
Keep Fit	Weekly (Fridays)	1:30pm -2:30pm	St. Marys Ch. Hall
Luncheon Club - Pubs 1 (Monthly)	4th Tuesday	12:00 for 12:30pm	As advised by leader

Group	Day/Frequency	Time	Location
Luncheon Club - Pubs 2 (Monthly)	3rd Thursday	12:00 for 12:30pm	As advised by leader
Luncheon Club - Pubs 3 (Monthly)	Last Thursday	12:00 for 12:30pm	As advised by leader
Music Appreciation (Monthly)	3rd Monday	10:00am - 12:00n	Lightley Court
Needle Crafts -1	Weekly (Fri) - All Yr	10:00am - 12:00n	CVS, Hope St
Needle Crafts -2	Weekly (Mon)- All Yr	2:00pm - 4:00pm	CVS, Hope St
Painting - Acrylic (Fortnightly)	Alt Wednesdays	1:00pm - 4:00pm	Masonic Hall
Painting - Peaceful Painting Allsorts	Alt Tuesdays	1:30pm - 3:30pm	Masonic Hall
Painting - Watercolours (Fortnightly)	Alt Wednesdays	1:00pm - 3:30pm	Masonic Hall
Papercraft 1	Weekly (Tuesdays)	11:00am - 12:30pm	Vets Pavilion*
Papercraft 2	Weekly (Tuesdays)	9:15am - 10:45am	Vets Pavilion*
Patchwork - Intermediate	2nd & 4th Thursday	2:00pm - 4:00pm	Winterley Community Hall
Patchwork / Quilting	1st & 3rd Tuesday	2:00pm - 4:00pm	Winterley Community Hall
Petanque (French Boules) - Apr to Oct	Weekly (Tuesdays)	2:00pm - 4:00pm	Crewe Bowling Club
Philosophy 1 (Monthly)	3rd Thursday	10:00am - 12:00n	Leader's Home
Philosophy 2 (Monthly)	4th Thursday	10:00am - 12:00n	Leader's Home
Pilates - 1	Weekly (Thursdays)	10:30am - 11:30am	Sandbach Health & Fitness-Studio
Pilates - 2	Weekly (Mondays)	12:00n - 1.00pm	Sandbach Health & Fitness-Studio
Pilates - 3	Weekly (Fridays)	9:30am - 10:30am	Elworth Methodist Hall
Play Reading	1st & 3rd Tuesday	2:00pm - 3:30pm	Masonic Hall Bar
Poetry Together	Weekly (Thursdays)	10:00am - 11:30am	Sandbach High School
Practical Photography & Video	1st Friday	1:30pm - 3:30pm	Wesley Centre-Henshall
Reading Aloud (Monthly)	3rd Tuesday	10:00am - 12:00n	Leader's Home
Scrabble	Weekly (Fridays)	10:00am - 12:00n	Lightley Court
Sewing	Fortnightly Weds	9:30am - 12:30pm	Wesley Centre Rm 1
Spanish	Weekly (Fridays)	2:00pm - 3:30pm	Wesley Centre Rm 2
Sunday Lunch with discussion	3rd Sunday	3:00pm	Malkins Bank Golf Club
Table Tennis 1	Weekly (Fridays)	10:00am - 12:00n	Scout Hut, Chapel St
Table Tennis 2	Weekly (Fridays)	2:00pm - 4:00pm	Scout Hut, Chapel St
Table Tennis 3	Weekly (Tuesdays)	10:00am - 12:00n	Scout Hut, Chapel St
Table Tennis 4	Weekly (Tuesdays)	2:00pm - 4:00pm	Scout Hut, Chapel St
Table Tennis 5	Weekly (Tuesdays)	12:00n - 2:00pm	Scout Hut, Chapel St
Tai Chi for health	Weekly (Fridays)	10.45am-11.45am	Elworth Methodist Hall
Tap Dancing	Weekly (Tuesdays)	11:00am - 12:00n	Sandbach Cricket Club
Ukulele	1st & 3rd Thursday	6:45pm - 8:45pm	St Peter's Church Hall
Walking - Intermediate (Monthly)	2nd Thursday	10:00am	As advised by leader
Walking - Long (2/3 walks Monthly)	1st, 3rd & 4th Wed	09:00am	Lower Waitrose C/P
Walking - Short Walk & Dine 1 - (Monthly)	1st Wednesday	10:00am	Lower Waitrose C/P
Walking - Short Walk & Dine 2 - (Monthly)	2nd Tuesday	10:00am	Lower Waitrose C/P
Walking - Short Walk & Dine 3 - (Monthly)	4th Tuesday	10:00am	Lower Waitrose C/P
Walking - Short Walk & Dine 4 - (Monthly)	4th Wednesday	10:00am	Lower Waitrose C/P
Walking - Short Walk & Dine 5 - (Monthly)	2nd Wednesday	10:00am	Lower Waitrose C/P
Walking - Short Walk & Dine 6 - (Monthly)	1st Tuesday	10:00am	Lower Waitrose C/P
Walking - Short walk - No Dine - (Monthly)	3rd Wednesday	09:30am	Lower Waitrose C/P
Walking Football	Weekly (Fridays)	2:00pm - 3:30pm	SC Football Centre
Walking with Dogs (Monthly)	2nd Monday	10:00am	Various
Wild Flower Identification (Weekly)	Weekly (Tuesdays)	2:00pm - 4:00pm	Leader's Home
Wine Tasting (Monthly)	1st Friday	7:30pm	Members' Homes
Wine Tasting 2 (Monthly)	2nd Friday	7.30-9.45	Members' Homes
Yoga - Chair	Weekly (Thursdays)	10:30am -11:30am	Town Hall - Chart. Rm
Yoga 1	Weekly (Tuesdays)	09:15am - 10.45am	Masonic Hall
Yoga 2	Weekly (Tuesdays)	11:00am - 12.30pm	Masonic Hall
Yoga 3	Weekly (Weds)	1:30pm - 3:00pm	Union St Com Ctre
Yoga 4	Weekly (Thursdays)	11:45am - 1:00pm	Sandbach Health & Fitness-Studio
Zumba	Weekly (Wed)	12:30pm - 1:30pm	Wesley Centre

\* No disabled access