



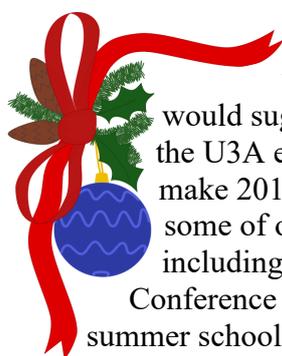
SPECIAL POINTS OF INTEREST:

- **Jan 6th**
Network Forum -
What they are and
what they can do
- **Jan 11th**
Communications
workshop
- **Feb 2nd**
National workshop
Participative learning
- **March 14th**
Governance and
Trustee Induction
workshop
- **May 13th** Music
workshop
- **June 8th** Regional
AGM/Conference

**INSIDE
THIS ISSUE:**

Summer School	3
Forthcoming events	3
Educational visit UCCL	3
National workshops	4

Message from Gill - Chairman NW region



I can't believe that we are coming to the end of another year. If, like me, you are wondering what happened to 2015 I would suggest you might have been living life to the full by following the U3A ethos of 'Learn, Laugh and Live'. There's lots of planning to make 2016 an interesting year in the North West as well. We'll have some of our training days to look at managing different aspects of U3A including a music workshop with a guest speaker. Our AGM and Conference is going to be focusing on the idea of celebrating U3A and the summer school has some extra courses to expand our horizons. Keep an eye on the website.

So on behalf of the North West Regional Committee I would like to offer my best wishes for a joyful and peaceful Christmas and a successful year ahead.

Gill



Message from Jenny - NW Region Trustee

What a busy year we have had, workshops, study days, demonstrations of the new 'Beacon' membership systems and more. In this issue I have added details of a series of national workshops. These workshops are to be offered around the country so that members can take advantage of training workshops in their region. They will be facilitated by the Development and Training team. The NW Region will also continue to run workshops based on the needs of the U3As in the region.



A Big Thank You to all of you for making this a most successful year. Thank you for your support at our workshops and study days, summer school and conferences. A special thanks to all the members of the regional committee who have worked so hard, never saying 'No' to my requests

To all of you and your families a Merry Christmas and a Happy New Year

Jenny Carley - NW Region Trustee



North West Region of U3As

www.u3asites/north-west

*invites all member U3As in the north west to our
NW Regional Conference*

Communication—a priority for your U3A on Monday 11th January, 2016

Warrington Gateway Sankey St WA1 1SR Tel: 01925 246 800

From 10.30 a.m. until 4.00 p.m.
with coffee available on arrival and at lunchtime

*How do you communicate with your members/other U3As
and the outside world?
Could you do it better?
Would you like some new ideas?*

The venue is in Warrington conveniently situated for all main rail stations Nearest parking at Golden Square –
Charges apply

*The meeting is FREE to all North West U3A members
funded by Third Age Trust*

**APPLY online on the Events page NW Region website
www.u3a.org.uk/north-west**

**Communications – a priority for your U3A
Monday 11 January 2016**

PROGRAMME

10.30 am Coffee

11.00 am Welcome and Introductions

What is Communication? Jenny Carley NW Trustee

12.30 – Lunch BYO

13.30 Circus of 3 workshops.—Facilitators, will rotate around the workshops

Internal Communication

External Communication

Effective Communication

15.45 – Plenary

16.00 - Close

**APPLY on NW Region website www.u3asites.org.uk/north-west
Or email Jenny Carley email Carleyjenny@gmail.com**

NW Region Summer School -Newton Rigg

*The NW Regional Summer School will be held at
Newton Rigg Agricultural College near Penrith—August 30th – Sept 2nd 2016*

*Courses will include
The Life and Work of Elizabeth Gaskell,
Medieval Archaeology
Geology
Art,
Architecture,
Science (the Universe),
Ukulele
Recorders
Japanese Encounters.*



The cost as follows: Residential £275 with early bird discount £240

Non residential £155 with early bird discount £120

To qualify for early bird discount pay by May 31st 2016

Cost includes all meals, a gala dinner, entertainment and activities in the evenings.

Details and booking arrangements - The NW Regional website: www.u3sites.org.uk/north-west.

Booking forms will be available online in the New Year.

Any queries contact David Joseph 07831473157

FORTHCOMING EVENTS - NW Region

Jan 6th Network meeting— Gateway Warrington 1.00pm– 3.00pm Learn what networks are and what they can do. This was originally open to Merseyside U3As. We now have a few places left. If you wish to attend contact me. Jenny Carley email carleyjenny@gmail.com or 01244 680460 if you require more information.

March 14th Gateway Warrington all day **Governance and Trustee Induction**

May 13th **Music workshop** with guest speaker and breakout groups - Hoylake all day

June 8th **Regional AGM and Conference Liverpool Quaker meeting House** all day

DETAILS ON ALL ABOVE EVENTS ON NW REGION WEBSITE www.u3a.org.uk/north-west

Group Educational Visits to courtrooms with NCCL

Who are we? NCCL is the National Centre for Citizenship and the Law, an award-winning charity that provides inspiring public legal education sessions at legal and heritage sites across the UK. Our work in the North West takes place in Manchester Crown Court and Civil Justice Centre and Bolton Magistrates Court. We also work in partnership with the People's History Museum and Greater Manchester Police Museum. Through an engaging, interactive visit with us you will gain a unique insight into the fascinating world of the English and Welsh justice system, explore working courtrooms and even re-enact trials!



Why not join us for a memorable group learning and cultural experience?

BOOK NOW : Kath.downs@nccl.org.uk or call 07912 000 493

U3A National Workshop Series 2016

The Third Age Trust is offering an extended series of national workshops across the UK in 2016 which will be run by members of the Training & Development team. These are partially in response to demand, with some updates of earlier successful workshops but all are geared towards maintaining the U3A ethos and helping members to manage their U3As more effectively.

The first set of workshops is available for booking now but you can also register your interest in the second and third of the series and you will be notified as soon as bookings are open for them.

[Book a place or register interest](http://www.u3a.org.uk) on the National website www.u3a.org.uk

Participative Learning - (February, March)

This full day workshop builds on the very popular Participative Learning workshop at the National Conference in Nottingham. It will include an interactive presentation and a series of exploratory planning activities. The main supporting document will be More Time to Learn.

Possible audience: all U3A members but of particular interest to those who run Interest groups or those who co-ordinate their U3A's Interest groups.

Managing your U3A - (April, May) P

- Being a Trustee
- Committees and Constitutions

We have been asked to repeat the workshop Managing Growth but we have built in general management issues to meet a wider need. In the best tradition of U3A, we will be learning from each other in a supportive environment. The day includes a presentation, sharing best practice from many U3As and discussion and problem solving sessions

Possible audience: committee members and prospective committee members.

Planning ahead: More Time to Learn, Laugh and Live - (July, September, October)

This is an interactive whole day workshop where delegates take part in each module. Three topics seem to be at the forefront of the challenges that face many U3As:

- Induction for new Committee members / Trustees
- Starting new Interest Groups
- Dealing with the "difficult customer"

We can all learn from each other and, in this context, we hope to be able to encourage you to find solutions to some of your challenges and leave everyone more time to enjoy U3A. Delegates will cover each of the 3 topics in different groupings so that they hear the different ways in which U3As organise things in their U3As. At least some will be right for you!

Possible audience committee members and prospective committee members

Workshop locations

these have been selected for ease of access and venue availability.

10am Registration 10.30am - 3.30pm workshop

Manchester: Tuesday 2 February 2016

Belfast: Tuesday 16 February 2016

Birmingham: Tuesday 23 February 2016

Darlington: Thursday 3 March 2016

London: Wednesday 16 March 2016