



Sandbach and District U3A Newsletter



October 2015

Intermediate Walking Group

As all members of this group will be aware Alan and Dot have reluctantly decided to retire from the leadership of this group.

Alan and Dot have run this group since Sandbach U3A started in 2003 and they will be a very hard act to follow.

If anyone is willing to take over this mantle you will be welcomed with open arms. Another suggestion is that 12 members and their friends undertake one walk each and perhaps another member could take on the task of compiling the programme, maybe someone who does not want to lead a walk.

If someone wishes to do a coach walk that would be most welcome but if no one feels up to this straight away then we will continue with local walks.

I have spoken with Alan and he is willing to assist in any way he can to take this group forward. Over the past 12 years we have done many lovely walks and Alan is happy to provide information on these walks should anyone wish to use them.

If anyone is willing to take on the leadership of this group please let me know.

In the event of Plan B being the option, I am happy to co-ordinate the initial responses and arrange for all interested parties to meet up and plan the way forward.

If you wish to take over the leadership of this group or are willing to be part of this group leadership venture please contact me on joanandcharlie@talktalk.net.

To contact Sandbach U3A

Phone: 0844 58 60670 (Calls cost 5p/min. Leave a short message and we will ring you back)

Email: SandbachU3A@hotmail.co.uk

Newsletter items should be sent to Alan Butler (alangbutler@yahoo.co.uk or phone 077148 11008) by the end of the third week of each month.

Craft of Creative Textiles

New U3A member, Val Williams, has offered to run fortnightly workshops on the craft of creative textiles.

A retired teacher and lecturer, Val decided to try something totally 'out of her comfort zone', having written three local history books, and completed an extended BTEC Diploma in Art and Design this summer, specialising in artistic interpretation through embroidery, embellishment and machine embroidery, with texture being a key element.

Val says:

“If you imagine your needle to be your sketching pencil and your sewing machine as your media to infill and design, that gives an idea of the informality and freedom this medium offers.

It is a complete contrast to the disciplines of cross stitch or quilting. I myself cannot draw but use so many tricks to develop original pieces.”

Val has suggested fortnightly sessions on Thursday mornings (although, depending on numbers, a second group could begin) with a small charge for coffee and materials of £1.50 per session.

Her initial thoughts are to begin with 'inspiration' (and tea), followed by 'direction', then 'experimentation'. A large table and conservatory chairs will enable comfortable work stations (and chat).

If you are interested, please contact Val on 01270 314164 or poetryoftextiles@aol.com

Social Mornings

At our October social morning sixty four members enjoyed a talk by Derek Schofield on “Folk songs in the music of Vaughan Williams”.

We learned how the composer had travelled, mostly in the southern counties, finding people who were willing to sing their local folk songs for him. Williams then wrote down the music and often included snatches of the tunes in his compositions.

The **next Social Morning is on Monday 2nd November** 10am in Sandbach Town Hall.

The guest speaker will be Dr. Jennifer Palmer who will talk on the subject of

“Richard III Revisited “

New Year's Eve Party in The Horseshoe Inn, Church Lawton

Dinner is 7.30 for 8pm Tickets £24

Ticket prices will be £24 per person and this will include a 3 course meal with wine, Entertainment and dancing.

You can obtain tickets by contacting Alice Holmes on 01270 765856

Scenic South Wales 5 Day Holiday 18th - 22nd May 2016

Cost: £365

Tour Highlights

- Executive Coach Travel
- 4 Nights (DBB) at the Cliffe Norton Hotel in Tenby
- Guided tour through the Pembrokeshire countryside including St Davids and its Cathedral with free time in the delightful market town of Narbeth
- Free time in Saundersfoot
- Scenic drive with guide to the Gower Peninsula and Mumbles
- Ride the Gwilli Steam Railway

See the complete itinerary on the Sandbach U3A Website

To reserve your place on this tour please call Regent Travel on 01785 818202 or email: tours@regent-travel.co.uk. You will need to pay a £75 deposit.

Quiz Night Wednesday 18 Nov

A quiz night has been organised for Wednesday 18th November 2015 in St Mary's Church Hall, Sandbach. Be there at 7 p.m. for 7.30 start.

Teams should consist of up to 6 members from the U3A group they attend and also give themselves an identifying name plus the group leader's name.

Participating teams (maximum 24) should put their names on the entry form which will be put on the U3A notice board in the Library on Monday 5th October. **Closing date for entries will be Friday 30th October.**

There will be an entry fee of one pound per person which will be used to cover the cost of the hall. Any money left over will be used as prize money.

Members may bring along refreshments to share with their team i.e. drinks (plus glasses) and nibbles for consumption during the evening.

Keith Pointon will be the quiz master and Geoff Miller will be keeping the scoreboard up to date.

The six members of each group can confer together to obtain an answer to the questions which will then be marked by an adjacent group.

If any further information is required, please contact Bill Dowell on 01270 766763 or e-mail: vjdwfd@aol.com

Christmas Party Friday 18th December

This year's Christmas Party will take place at Crewe Golf Club, Haslington on Friday 18th December, 7.30pm for 8.00pm

Tickets will be on sale on Tuesday 27th October between 9.30am - 11.30am in Sandbach library. Alternatively, you can obtain tickets by contacting Alice Holmes on 01270 765856

Tickets are priced at £25 each and will include a 3 course meal and Disco / Dancing.

Pilates

The committee would like to express its thanks to Pauline Evans for all her hard work in finding another Pilates instructor. This proved to be very difficult but we are pleased that the group is able to continue.

Posters and Brochure

The committee would like to thank Don Joy for all his efforts and help in producing the recently revised brochure and the posters he devises to publicise our events.

Barn Dance Saturday 20th February 2016 8pm - 11pm

The above event will take place at St Mary's Church Hall. Tickets will cost £7 and any profit made will be donated to St Luke's Hospice

Please come along for what will be a very enjoyable evening.

Please bring your own drinks (+ glasses) and nibbles

Tickets can be obtained from Alice Holmes on 01270 765856

Potential New Groups

- A member of Sandbach U3A is willing to lead a "Spanish for Beginners" course. We have the leader; we can find a venue; all it needs is members who would like to further their linguistic skills. If you are interested, contact us by phone or email using the details at the bottom of page 1 of this newsletter.
- If any member would be willing and able to teach other members some basic DIY skills, please contact us by phone or email using the details at the bottom of page 1 of this newsletter.

Coach to Trafford Centre - 23 November 2015

There are still tickets available for the above trip. They cost £6.
If you would like to go, please contact Alice Holmes on 01270 765856.

2016 Diaries £2 each

The 2016 U3A diaries are now available to purchase at the AGM on 26 October, Social mornings and in Sandbach Library on the 2nd and 4th Wednesday mornings of each month.